



## CORONAVIRUS (COVID-19) WHAT YOU NEED TO KNOW FOR THE WORKPLACE QUIZ

- 1) If you are under an isolation order, which of the following is true:
  - A. Wear a face covering
  - B. You must stay home and separate yourself from others
  - C. Screening questions
  - D. Frequent handwashing habits
  
- 2) To find the most accurate and timely information about COVID-19:
  - A. Talk to your neighbors
  - B. Check social media
  - C. Visit the Centers for Disease Control and Prevention at:  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - D. None of the above
  
- 3) Quarantine keeps someone who might have been exposed to the virus away from others:  
  
True ( )  
False ( )
  
- 4) Most people who contract COVID-19:
  - A. Don't experience any symptoms
  - B. Recover without the need for special treatment
  - C. Become seriously ill
  - D. Have difficulty breathing
  
- 5) Which of the following is a confirmed way COVID-19 spreads person to person:
  - A. Saliva or mucus
  - B. Blood
  - C. Germs
  - D. Touching

6) Everyone infected with COVID-19 develops at least some symptoms:

True ( )

False ( )

7) If you are sick or feeling unwell, should you stay home and notify your supervisor and/or Human Resources to help prevent the spread of COVID-19:

True ( )

False ( )

8) How long does it take for symptoms of COVID-19 to appear after an infection:

- A. Almost immediately
- B. Between 15 - 30 days
- C. Within 24 hours
- D. Between 2 and 14 days
- E. Within 5 days from the infection

9) If exposed to COVID-19, which of the following benefits may employees be entitled/eligible for:

- A. Family Medical Leave Rights Act (FMLA)
- B. California Family Rights Act (CFRA)
- C. Workers Compensation benefits (if applicable)
- D. Supplemental Paid Sick Leave
- E. All of the above

10) How can you protect yourself and others:

- A. Stay at least 6 feet (about 2 arm's-length) from others
- B. Refrain from entering another employee's work area to search for items or borrow equipment
- C. Stay out of crowded places and avoid mass gatherings
- D. Hold virtual meetings (video conferencing or teleconferencing)
- E. All of the above

**Employee Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Site:** \_\_\_\_\_

**Date:** \_\_\_\_\_